Stacia Eggers

Position: Associate Athletic Director for Student Services
Office of Student-Athlete Development (OSAD)


Cell Phone: (515) 770-1417

Teams: Football, Men’s Basketball

Andrea Greve

Position: Athletics Academic Advisor and Life Skills Coordinator
Office of Student-Athlete Development (OSAD)

Alma Mater: UNI, 2011
University of South Florida, 2014

Cell Phone: (563) 920-2436

Teams: Women’s Basketball, Softball, Volleyball, Swimming & Diving

Jadyn Spencer

Position: Athletics Academic Advisor
Office of Student-Athlete Development (OSAD)


Cell Phone: (319) 404-9333

Teams: Men’s and Women’s Golf, Men’s and Women’s Track & Field and Cross Country, Women’s Soccer, Women’s Tennis, and
Fall 2018 Practice Times

**Football**
Practice from 2:00-6:00pm daily
Ideally should be done with class by 2:00pm
and should avoid taking night classes that begin
before 6:00pm (Fridays are primary travel days)

**Men’s Basketball**
Practice from 2:00-6:00pm daily
Ideally should be done with class by 2:00pm

**Men’s and Women’s Cross Country**
Practice from 2:00-6:00pm daily
Ideally should be done with class by 2pm

**Men’s and Women’s Golf**
Men – practice from 3:00-6:00pm daily
Women – practice from 2:00-5:00pm daily
Ideally should be done with class by 2 or 3pm
Mondays and Tuesdays are primary travel days

**Wrestling**
Practice from 3:30-6:00pm daily
Ideally should be done with class no later than
3:15pm

**Softball**
Practice from 3:00-6:00pm daily
Ideally should be done with class by 3pm

**Volleyball**
Practice from 2:00-5:00pm daily
Ideally should be done with class by 1:00pm
Fridays are primary travel days

**Tennis**
Practice from 2:30-5:30pm daily
Ideally should be done with class by 2pm

**Women’s Basketball**
Practice from 8:30-10:30am daily
Can take classes beginning at 11:00am or after

**Women’s Soccer**
Practice from 3:30-5:30pm M/W/F and 7:00-9:00am T/Th
Ideally should be done with class by 3:00pm M/W/F and should not begin before 9:30am T/Th

**Swimming and Diving**
Mon/Wed/Fri – 6:30-7:30am and 2:30-5:00pm
Tues/Thurs – 6:00-7:30am and 2:30-5:00pm
Ideally should be done with class by 2:15pm

**Men’s and Women’s Track**
Practice from 2:00-6:00pm daily
Ideally should be done with class by 2pm