Athletic Training & Rehabilitation Studies
University of Northern Iowa College of Education
https://coe.uni.edu/hrcs/athletic-training

ABOUT THE MAJOR

Athletic training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Athletic trainers are highly qualified, multi-skilled health care professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions.

SAMPLE COURSEWORK

| General Biology: Cell Structure and Function | Foundations of Pharmacology |
| General Chemistry I | Foundations of Therapeutic Interventions |
| Acute Care in Athletic Training | Studies in Clinical Health Care Experiences |
| Anatomy and Physiology I |

POSSIBLE CAREERS *some titles may require further education

Personal Trainer | Team Physician | Sports Club Manager | Strength Coach |
High School Athletic Trainer | Fitness Consultant | Aerobics Instructor | Sports Medicine |
Sports Physical Therapist | Fitness Instructor | Sports Dietician | Paramedic |
Massage Therapist | Coach | Exercise Physiologist | University Trainer |

UNI GRADUATES: WHERE ARE THEY NOW?

- University of Northern Iowa
- Athletico
- Life Time Inc.
- University of Iowa
- Cedar Valley Medical Specialists
- AdvoCare
- Western Home Communities
- ATI Physical Therapy
- Select Rehabilitation
- Illinois State University
- Georgetown University
- Ohio University
- Indiana State University
- Boston Red Sox
- Tampa Bay Rays

SKILLS NEEDED

- Problem-solving
- Coordination
- Instructing
- Judgment and decision-making
- Active listening
- Writing and oral communication
- Critical thinking
- Monitoring
- Ability to work under pressure

HOLLAND CODES

SRE