

2018 – 2019

DIRECTORY OF REFERRAL RESOURCES

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University of Northern Iowa

GUIDE TO RESOURCES FOR ASSISTING STUDENTS

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University of Northern Iowa

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UNIVERSITY OF NORTHERN IOWA
PRESIDENT, VICE PRESIDENTS, DEANS, AND ACADEMIC DEPARTMENT HEADS

PRESIDENT	0705 Dr. Mark Nook, President (Jennifer Yarrow)	32566 SRL 001
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COLLEGE OF BUSINESS ADMINISTRATION	0123 Dr. Leslie Wilson, Dean (Bruce Bowler)	36240 CBB 325
Accounting	0127 Dr. Mary Christ, Head (Debra Messerer)	32394 CBB 329
Economics	0129 Dr. Sharmistha Self, Head (Beverly Barber)	32412 CBB 219
Finance	0124 Dr. Sharmistha Self, Head (Amy Liekweg)	32966 CBB 306
Management	0125 Dr. Mary Connerley, Head (Karen Hansen)	36202 CBB 231
Marketing	0126 Dr. Matthew Bunker, Head (Mary Lou Hansen)	32955 CBB 336
COLLEGE OF EDUCATION	0610 Dr. Gaëtane Jean-Marie, Dean (Brenda Biersner)	32717 SEC 150
Curriculum & Instruction	0606 Dr. Robin Dada, Head (Dena Snowden)	32167 SEC 613
Educational Leadership & Postsecondary Education	0604 Dr. Tim Gilson, Interim Head (Carol Bean)	32605 SEC 601
Educational Psychology & Foundations	0607 Dr. Benjamin Forsyth, Interim Head (Debra Jacobs)	32694 SEC 525
Health, Recreation & Community Services	0241 Dr. Oksana Grybovykh (Karen Peterson)	32654 WRC 203
Kinesiology	0200 Dr. Fabio Fontana (Kathy Johnson)	32613 WRC 104
Special Education	0601 Dr. Susan Etscheidt, Int. Head (Sandra Crain)	36061 SEC 101
Teaching, ADH Chair 18-19	0613 Dr. Terri Lasswell, Head (Tami Powers)	32202 SEC 153
COLLEGE OF HUMANITIES, ARTS AND SCIENCES	0358 Dr. John Fritch, Dean (Stephanie Saak)	36277 CAC 266
Art	0362 Prof. Jeffery Byrd, Head (Fonda Ungs)	32077 KAB 104
Biology	0421 Dr. Theresa Spradling, Int. Head (Megan Kaisand)	32456 MSH 144
Chemistry and Biochemistry	0423 Dr. Laura Strauss, Head (Barbara Reid)	32437 MSH 243
Communication Sciences and Disorders	0356 Dr. Lauren Nelson, Head (Deb Burroughs)	32496 CAC 230
Communication Studies	0139 Dr. Paul Siddens, Head (Dianna Jones)	36118 LNG 326
Computer Science	0507 Dr. Eugene Wallingford, Head (Jane Gillen)	32618 ITTC 305
Earth and Environmental Sciences	0335 Dr. Siobahn Morgan, Head (Noel Graff)	32759 LAT 121
Languages and Literatures	0502 Dr. Jennifer Cooley, Head (Gail Lehr)	32821 BAR 1001
Mathematics	0506 Dr. Douglas Mupasiri, Head (Debra Blanchard)	32631 WRT 220
Music, School of	0246 Dr. Jeffrey Funderburk, Director (Tammy Hook)	32024 RSL 115
Philosophy and World Religions	0501 Dr. Jerry Soneson, Head (Helen Harrington)	36221 BAR 1089
Physics	0150 Dr. Paul Shand, Head (Rebecca Adams)	32420 PHY 215
Technology	0178 Dr. Lisa Riedle, Head (Susan Quam)	32561 ITC 25
Theatre	0371 Prof. Eric Lange, Head (Tanjala Kole)	36386 CAC 257
COLLEGE OF SOCIAL AND BEHAVIORAL SCIENCES	0403 Dr. Brenda Bass, Dean (Karla Whitney)	32221 Sab 319
School of Applied Human Sciences	0332 Dr. Annette Lynch, Director (Mary Ver Steegt)	32814 LAT 235
Geography	0406 Dr. Tim Strauss, Interim Head (Susan Gleason)	32772 ITTC 205
History	0701 Dr. Robert Martin, Head (Judith Dohlman)	32097 SRL 319
Political Science	0404 Dr. C. Scott Peters, Head (Katrinka Carpenter)	32039 SAB 335
Psychology	0505 Dr. Adam Butler, Head (Jan Cornelius)	32303 BAR 1078
Social Work	0405 Dr. Cynthia Juby, Head (Ashley Rasmussen)	36249 SAB 235
Sociology, Anthropology, & Criminology	0513 Dr. Marybeth Stalp, Head (Wayne Fauchier)	32786 BAR 1126
CONTINUING EDUCATION AND SPECIAL PROGRAMS	0223 Dr. Kent Johnson, Dean (Kathryn Hockemeyer)	32122 CEEE
GRADUATE COLLEGE	0135 Dr. Jennifer Waldron, Dean (Lisa Steimel)	32748 LNG 110
LIBRARY	3675 Ms. Katherine Martin, Interim Dean (Carol Carey)	32737 LIB 211
SUSTAINABILITY	0293 Mr. Eric O'Brien, Director (Sarah Harms)	37207 CEEE 111
ADMISSIONS	0018 Ms. Kara Hadley-Shakya, Director (Brenda Edgerton)	32281 GIL 2
FINANCIAL AID	0024 Mr. Tim Bakula, Director (April Schmiesing)	32701 Gil 105
REGISTRAR	0006 Ms. Joyce Morrow, Univ Registrar (Janet Eicke)	32244 Gil 115

REFERRAL RESOURCES BY DEPARTMENT - 2018-19

ACCOUNTING				
Dept. Head	Mary Christ	3-2108	CBB	329
MAcc Director	Mary Christ	3-2108	CBB	329
ART				
Dept. Head	Jeffery Byrd	3-2077	KAB	104
Art Education	Wendy Miller	3-2833	KAB	204
Art History	Elizabeth Sutton	3-6260	KAB	214
Ceramics	JoAnn Schnabel	3-2392	KAB	126
Drawing	Kenneth Hall	3-6468	KAB	202
Graduate Study	Jeffery Byrd	3-2077	KAB	104
Graphic Design	Roy Behrens	3-2260	KAB	222
Painting	Kenneth Hall	3-6142	KAB	206
Performance Art	Jeffery Byrd	3-2077	KAB	224
Photography	Noah Doely	3-2036	KAB	241
Printmaking	Aaron Wilson	3-2117	KAB	249
Sculpture	Tom Stancliffe	3-7684	KAB	134
BIOLOGY				
Dept. Head	Theresa Spradling	3-2456	MSH	144
Advisor	Linda Reardon-Lowry	3-2010	MSH	143
BUSINESS				
MAcc Masters of Accounting	Mary Christ	3-2180	CBB	329
MBA	Dale Cyphert	3-6688	CBB	316
Pre-Business and Undecided	Jenny Connolly	3-2144	CBB	5
CHEMISTRY AND BIOCHEMISTRY				
Dept. Head	Laura Strauss	3-2437	MSH	243
COMMUNICATION STUDIES				
Dept. Head	Paul Siddens	3-6118	LNG	326
Undergraduate Advising	Marilyn Shaw	3-7478	LNG	369
	Lori Johnson	3-3792	LNG	333
Forensics	John Fritch	3-6499	LNG	218
Graduate Studies	Kyle Rudick	3-2525	LNG	358
Interpreters Theatre	Danielle McGeough	3-3406	LNG	335
COMMUNICATION SCIENCES AND DISORDERS				
Dept. Head	Lauren Nelson	3-6806	CAC	229
Graduate	Jennifer Garrett	3-3703	CAC	235
Undergraduate	Lauren Nelson	3-6806	CAC	229
Freshman Advisor	Angie Tudor	3-3406	GIL	102

COMPUTER SCIENCE

Co-op Program	Eugene Wallingford	3-2618	ITT	305
Undergraduate and Graduate Studies	Eugene Wallingford	3-2618	ITT	305

DESIGN, TEXTILES, GERONTOLOGY & FAMILY STUDIES

See: SCHOOL OF APPLIED HUMAN SCIENCES

EARTH AND ENVIRONMENTAL SCIENCES

Astronomy/Earth Science	Siobahn Morgan	3-2759	LAT	212
Earth Science Education	Kyle Gray	3-2809	LAT	124
Geology/Environmental Science	Chad Heinzel	3-6168	LAT	116
Meteorology	Alan Czarnetzki	3-2152	LAT	102

ECONOMICS

Dept. Head	Shar Self	3-2412	CBB	217
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EDUCATION (UNDERGRADUATE)

Early Childhood	Betty Zan	3-7271	SEC	608
Early Childhood Special Education	Amy Staples	3-7468	SEC	126
Elementary, Early Childhood, Middle Level	Education Advising Center	3-2751	SEC	151
	Jane Bentley-Gadow	3-2751	SEC	151
	Barbara Gager	3-2751	SEC	151
		3-2751	SEC	151
		3-2751	SEC	151
Elementary Education	Dana Atwood Blaine	3-2073	SEC	627
			See Dept	
Emphasis Area Department (7-12)	See Dept Listings	--	Listings	--
Instructional Technology	Leigh Zeitz	3-3249	SEC	613A
Literacy Education	Sarah Vander Zanden	3-7270	SEC	107D
Middle Level	Carolyn Weber	3-3274	SEC	628
School Library Studies	Joan Taylor	3-2192	LIB	126
Special Educaiton	Susan Etscheidt	3-3279	SEC	101
Special Education Instructional Strategist I, K-8	Danielle Cowley	3-7210	SEC	506
Special Education Instructional Strategist I, 5-12	Danielle Cowley	3-7210	SEC	506
Special Education Instructional Strategist II-	Danielle Cowley	3-7210	SEC	506
Student Field Experiences	Terri Lasswell	3-7007	SEC	153

EDUCATION (GRADUATE)

Curriculum & Instruction Graduate Programs	Karla Krueger	3-7241	SEC	127
Curriculum & Instruction Doctoral ISA	Deborah Tidwell	3-2983	SEC	107G
Doctor of Education	Chris Curran	3-2011	HPC	244
Doctor of Education, EdD Core	Scott Ellison	3-2749	SEC	507
Early Childhood	Betty Zan	3-7271	SEC	608
Early Childhood Special Education	Amy Staples	3-7468	SEC	126
Education Evaluation	Rob Boody	3-6198	SEC	525
Educational Leadership Doctoral ISA	Kim Huckstadt	3-4525	SEC	601

Educational Psychology	Nicki Skaar	3-7649	SEC	525G
Educational Research	Rob Boody	3-6198	SEC	525B
Elementary Education	Dana Atwood-Blaine	3-2073	SEC	624
Gifted Education	Robin Dada	3-7619	SEC	613C
Leadership & School Finance	Kim Huckstadt	3-4524	SEC	601
Literacy Education	Sarah Vander Zanden	3-7270	SEC	107D
Middle Level	Carolyn Weber	3-7759	SEC	628
Instructional Technology	Leigh Zeitz	3-3249	SEC	613A
Postsecondary Education: Student Affairs	David Schmid	3-6519	SEC	604
Principalship:	Loleta Montgomery	3-3811	SEC	601
	Susan Alborn-Yilek	3-6264	SEC	601
Education Leadership	Tim Gilson	3-2636	SEC	601
Professional Development for Teachers	Radhi Al-Mabuk	3-2609	SEC	501
School Library Studies	Joan Taylor	3-2192	LIB	126
School Psychology	Nicki skaar	3-7649	SEC	525G
Special Education Instructional Strategist I, K-8	Danielle Cowley	3-7210	SEC	506
Special Education Instructional Strategist I, 5-12	Danielle Cowley	3-7210	SEC	506
Special Education Instructional Strategist II, K-12	Danielle Cowley	3-7210	SEC	506
Superintendency	Denise Schares	3-2771	SEC	601

ENGLISH

See: LANGUAGES AND LITERATURE

FINANCE

Dept. Head	Shar Self	3-2929	CBB	219
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REAL ESTATE

	Arthur Cox	3-6986	CBB	317
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GENERAL STUDIES / INDIVIDUAL STUDIES

Advisor	Linda Emery	3-2504	CEEE	010
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GEOGRAPHY

Dept. Head	Tim Strauss	3-2272	ITT	205
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GLOBAL STUDIES

Associate Professor	Konrad Sadkowski	3-2765	SRL	312
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HEALTH, RECREATION AND COMMUNITY SERVICES

Dept. Head	Oksana Grybovych	3-2141	WRC	203
Athletic Training	Kelli Snyder	3-7401	HPC	003G
Health Promotion	Michele Devlin	3-5806	HPC	107
Leisure, Youth and Human Services				
Undergraduate Advising Center				
Advisor	Michelle Holland	3-5857	WRC	241
Advisor	Heidi Seeger	3-2486	WRC	141

HISTORY

European	Emily Machen	3-3184	SRL	332
General	Robert Martin	3-2097	SRL	319B
United States	Robert Martin	3-2097	SRL	319B
Graduate	Donna Maier	3-2338	SRL	320

HUMANITIES

	Jerry Soneson	3-6221	BAR	1089
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INDIVIDUAL STUDIES / GENERAL STUDIES

Coordinator	Linda Emery	3-2504	CEEE	010
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KINESIOLOGY

Dept Head	Fabio Fontana	3-6854	WRC	203
Movement & Exercise Science: Exercise Science	Robin Lund	3-3615	WRC	129
Movement & Exercise Science: Sport Psychology				
Physical Education Teaching				
Undergraduate Advising Center				
Advisor	Michelle Holland	3-5857	WRC	241
Advisor	Heidi Seeger	3-2486	WRC	141

LANGUAGES AND LITERATURES

English Advising Center	Sheila Benson	3-2854	BAR	0006
Graduate, English	Anne Myles	3-6911	BAR	1006
Graduate, TESOL	Joyce Milambiling	3-6099	BAR	2033
Undergraduate, English	Sheila Benson	3-2854	BAR	0006
Undergraduate TESOL	Caroline Ledebor	3-2854	BAR	502
French	Elena Dobrila	3-6356	BAR	1033
German	Elena Dobrila	3-6356	BAR	1033
Spanish, Undergraduate	Elena Dobrila	3-6356	BAR	1033
Spanish, Graduate	Elise DuBord	3-2183	BAR	2005

MANAGEMENT

Human Resources Management	Atul Mitra	3-7746	CBB	253
Management Information Systems	Roberta Roth	3-6896	CBB	257
Supply Chain/Operations Management	Daniel Bumblauskas	3-6793	CBB	262
Organizational Leadership	Russel Guay	3-2151	CBB	242
Business Administration	Sarah Rosol	3-3954	CBB	247
Business Teaching	Jennifer Anderson	3-2166	CBB	231
Distribution & Logistics	Karthik Iyer	3-3855	CBB	346
Sales Management	Marty Hansen, Jr.	3-2630	CBB	341
Advertising & Promotion, Digital Advertising	Matthew Wilson	3-6046	CBB	340
Product Management, Pricing & Marketing Strategy	Raj Rajendran	3-6011	CBB	342
Internships, Sales, Values & Work Behavior	Marty Hansen, Jr.	3-2630	CBB	341
Services Marketing & Marketing Research	Matthew Bunker	3-6947	CBB	345

MATHEMATICS

Algebra/Number Theory	Min Lee	3-2941	WRT	334
Analysis, Graduate & Undergraduate	Michael Prophet	3-2104	WRT	320
Applied Math	Michael Prophet	3-2104	WRT	320
Elementary Education, Graduate-Middle Grades	Brian Townsend	3-2397	WRT	307
Financial Math	Shangzhen Luo	3-6435	WRT	321
	Michael Prophet and			
Functional Analysis	Douglas Mupasiri	3-2104	WRT	320
Geometry	Theron Hitchman	3-2646	WRT	327
Middle School/Junior High Education	Brian Townsend	3-2397	WRT	307
Probability/Statistics & Actuarial Science	Syed Kirmani	3-2940	WRT	310
Senior High Education	Catherine Miller	3-2935	WRT	318
Set Theory	Adrienne Stanley	3-3141	WRT	323
Teacher Education	Catherine Miller	3-2935	WRT	318
Topology	Adrienne Stanley	3-3141	WRT	323
Statistical Consulting Center	Mark Jacobson	3-7936	WRT	309
Mathematics Consulting Center (Industrial Mathematics - PSM)	Syed Kermani	3-2940	WRT	310

MILITARY SCIENCE

Military Law, Ethics, and Leadership Staff Management	Michael Harris	3-6220	WST	203
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MODERN LANGUAGES

See: LANGUAGES AND LITERATURE

MUSIC

Graduate Student Advisor	Julia Bullard	3-4723	RSL	115
Undergraduate Student Advisor	Victor Acevedo	3-2024	RSL	44

PHILOSOPHY & WORLD RELIGION

Dept. Head	Jerome Soneson	3-6221	BAR	1089
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PHYSICS

Applied Physics	Paul Shand	3-2425	PHY	215A
Physics	Paul Shand	3-2425	PHY	215A
Engineering	Paul Shand	3-2425	PHY	215A
Freshman Advisor	Jeff Morgan	3-2290	PHY	315
Physics Teaching	Larry Escalada	3-2431	PHY	317

POLITICAL SCIENCE

Political Science - Public Administration	Scott Peters	3-2727	SAB	335
Political Communication	Scott Peters	3-2727	SAB	335

PRE-PROFFESIONAL STUDY

**Chiropractic, Dentistry, Medical Technology,
Medicine, Mortuary Science, Occupational Therapy,
Optometry, Osteopathy, Pharmacy, Physical
Therapy**

Biology	Linda Reardon-Lowry	3-2010	MSH	143
Engineering				
Physics	Paul Shand	3-2425	PHY	215A
Law: For information regarding entrance into Law consult the Pre-Law Handbook and department resources				
History	John W. Johnson	3-7077	SRL	209
Economics	Lisa Jepsen	3-6240	CBB	325
Philosophy		3-6221	BAR	1089
Political Science	Scott Peters	3-2727	SAB	335
Medicine				
Biology	Linda Reardon-Lowry	3-2010	MSH	143
Chemistry & Biochemistry	Ira Simet	3-2130	MSH	207
Pre-Nursing				
Academic Advising	Nick Mulholland	3-3406	GIL	102
Pre-Theological				
Philosophy & World Religion	Jerome Soneson	3-6221	BAR	1089

PSYCHOLOGY

Clinical Psychology	Seth Brown	3-6091	BAR	2073
Industrial/Organizational Psychology	Mike Gasser	3-7178	BAR	2078
Social Psychology	Helen Harton	3-2235	BAR	2080

**SCHOOL LIBRARY STUDIES DIVISION, DEPT OF
CURRICULUM & INSTRUCTION**

Graduates	Joan Taylor	3-2192	LIB	126
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SCHOOL OF APPLIED HUMAN SCIENCES

Family Services	William Henninger	3-6383	LAT	243
Gerontology/Gerontology Minor	Elaine Eshbaugh	3-6083	LAT	217
Interior Design	Gowri Betrabet Gulwadi	3-2603	LAT	213
Textiles & Apparel	Annette Lynch	3-2358	LAT	237
Mental Health counseling (Graduate)	Darcie Davis-Gage	3-4243	LAT	225
School Counseling (Graduate)	Darcie Davis-Gage	3-4243	LAT	225

SCIENCE EDUCATION

Science Education Chair	Larry Escalada	3-7357	MSH	153A
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SOCIAL SCIENCE TEACHING

Advisor & Field Experience Coordinator	Chad Christopher	3-3157	SRL	328
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SOCIAL WORK

Graduate	Cindy Juby	3-5845	SAB	235
Undergraduate	Jenny Becker	3-7881	SAB	243

SOCIOLOGY, ANTHROPOLOGY AND CRIMINOLOGY

Anthropology - Advisor	Donald Gaff	3-7274	BAR	1121
Criminology - Advisor	Gayle Rhineberger-Dunn	3-3245	BAR	1116
Criminology - Freshman Advisor	Heather Asmus	3-2934	GIL	102
Sociology - Advisor	Kristin Mack	3-7630	BAR	2118

TEACHING ENGLISH TO SPEAKERS OF OTHER LANGUAGES (TESOL)

Graduate	Joyce Milambiling	3-5965	BAR	1006
Undergraduate	Caroline Ledeboer	3-2854	BAR	0502

TECHNOLOGY

Graduate Programs Coordinator	Jeff Nie	3-2561	ITC	25
Undergraduate Recruitment/Student Advising	Chris Shaw	3-2561	ITC	25

THEATRE

Dept. Head	Eric Lange	3-6386	CAC	257
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HOW TO HELP STUDENTS IN DISTRESS

RECOGNIZING SIGNS OF CONCERNING AND CRITICAL SITUATIONS

This guide is intended to help you when working with a student in distress. Some of the indicators listed below may be considered “normal” behaviors for students. If you do see a pattern or a sudden outburst of intensity of behaviors that are out-of-character and cause you concern, this guide will assist you in what to do and who to contact to help the student. For additional information, refer to the UNI “Prevention and Response to Critical Incidents” handbook at safety.uni.edu.

Behavioral and Psychological Indicators

- Sudden or dramatic improvement in mood and/or giving away valued items
- Isolation/withdrawal or expressions of concern about the student by their peers.
- Tearfulness, anxiousness, irritability, angry outbursts, or verbal abuse (e.g. taunting, badgering, intimidation) or unusual apathy.
- Intense emotions, out-of-character responses, or disjointed thoughts.
- Hyperactivity or very rapid speech.
- Social media posts indicating distress.
- Self-disclosure of any personal distress; family problems, relationship difficulties, financial difficulties, depression, or grief.

Academic Indicators

- Marked changes in academic performance and being unresponsive to repeated communication regarding the need for improvement; a decline in quality of work and grades.
- Excessive absences or attendance patterns that are out-of-character.
- Repeated requests for special consideration which is out-of-character for the student.
- Disturbing content in writing or presentations (e.g. violence, death).
- Continuous disruptive classroom behavior.

Physical Indicators

- Marked changes in physical appearance, especially deterioration in grooming and hygiene, or weight loss or gain.
- Excessive fatigue/sleep disturbance.
- Intoxication, hangovers, or smelling of alcohol/marijuana.
- Disoriented or “out of it”
- Out-of-character or atypical clothing choices for the weather (e.g. long sleeves in summer in attempt to cover bruising or cuts).

WHAT TO DO FOR A STUDENT SHOWING SIGNS OF DISTRESS

Ask, Listen, and Support

- Speak with the student privately using a calm and non-confrontational tone. Make sure you have enough uninterrupted time to talk with the student. Trust your instincts. Ask open-ended questions about how the student is doing or say “Tell me what is happening.”
- Explain what you have heard or observed that causes you concern. Say “I’m concerned about...” or “I’ve noticed that...” Be specific about the behavior that worries you.
- Listen respectfully with an open mind and without judgment. Ask questions within reason to help understand the situation. See back of page for a list of referrals/resources. Acknowledge thoughts and feelings. Validate the difficult circumstances or feelings expressed and convey your concern for the student’s well-being. Offer help by saying “It sounds like you’re feeling...I can connect you with a resource on campus for help.”

Refer

- Encourage help-seeking as a sign of strength. Recommend the student speak with a person on campus who is trained to help. Remember to offer after hours and 24-hour support service* options as well.
- Involve the student in making the referral. Offer to make the call or visit an on-campus resource together.
- Should the student be reluctant to accept the referral, you may consider saying “I respect your decision. I hope you will keep this option in mind.”
- If the student is not willing to connect with a resource and you are still concerned, consider taking one of the following steps:
 - Dean of Students - call 319-273-2332 or complete Seeking Student Assistance form online at deanofstudents.uni.edu. Dean of Students staff will reach out to provide support to the student and will follow up with you.
 - Counseling Center – call 319-273-2676. Information shared regarding the concern will not go beyond that office.
- Helping students in distress can be difficult and stressful. Should you yourself need someone to speak with, you can utilize the Employee Assistance Program (EAP) option by calling 800-327-4692 to schedule an appointment.

Follow-up

- Continue to be supportive and inquire periodically about how the student is doing.
- Please remember that confidentiality limits the Counseling Center, Student Health Clinic, and Student Wellness Services from providing information about a student without the student’s written consent.
- If the student’s situation persists, attempt to ask, listen, and support the student again, followed by making another referral.

WHERE TO MAKE A REFERRAL

CRISIS SERVICES	DESCRIPTION OF SERVICE	HOW TO ACCESS
Dean of Students	First point of contact for students, faculty and staff to share your concerns about the student except in case of an emergency situation. If you are unsure of what resource to refer to, the Dean of Students staff will ensure the student is referred to the needed resource(s) e.g. one or more of the services listed below.	Call 319-273-2332 or complete online form "Seeking Student Assistance" at deanofstudents.uni.edu
Counseling Center*	Individual, couples, or group counseling, crisis counseling, support groups, and workshops.	Call 319-273-2676 (after business hours, press option 2 to speak with a crisis counselor). counseling.uni.edu
Crisis Text Line*	Student can text a counselor who will respond via text to provide student crisis support and refer to additional resource if needed. Service is free, 24/7, and confidential.	Text HELP to 741741 www.crisistextline.org
National Suicide Prevention Lifeline*	The Lifeline provides 24/7, free and confidential support, prevention, and crisis resources for people in distress.	1-800-273-TALK (8255) www.suicidepreventionlifeline.org
Riverview Center*	Riverview Center is a non-profit agency committed to providing compassionate, client-centered care for individuals affected by sexual assault, and provides a 24-hour hotline, support group counseling, medical and legal advocacy, and prevention education.	1-888-557-0310 www.riverviewcenter.org
Iowa Victim Service Call Center*	Iowa Victim Service Call Center is a 24 hour free and confidential resource that assists victims of any violent crime including but not limited to: sexual assault, domestic violence, stalking, child abuse, homicide, etc.	1-800-770-1650 Text iowahelp 20121
Waypoint Services*	Services relate to domestic violence and include advocacy, a 24/7 resource and support line, emergency safety planning, individual counseling, support groups, referrals, and information.	1-800-208-0388 www.waypointservices.org
Veterans Crisis Line*	The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.	1-800-273-8255 Text 838255 www.veteranscrisisline.net
TrevorLifeline*	Trained counselors will provide support 24/7 for young people in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk.	1-866-488-7386 www.thetrevorproject.org
Trans Lifeline*	Trans Lifeline is dedicated to the well being of transgender people. It is a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of the trans community might have.	1-877-565-8860 www.translifeline.org
UNI Title IX Officer**	UNI encourages those who have experienced any form of sexual harassment or assault to report the incident to the University Title IX Officer or any of the designated Title IX Deputy Coordinators. You may also file separate criminal charges by contacting UNI Police at 319-273-2712.	319-273-2846 Title IX Deputy Coordinator 319-273-2556 safety.uni.edu

*Services offered 24-hour support

RECOGNIZING SIGNS OF DISRUPTIVE, URGENT OR DANGEROUS SITUATIONS

Safety Risk Indicators

- Disruptive behavior such as the following, but not limited to: unprovoked anger or hostility, aggressive/combative behavior, or verbally/physically threatening.
- Making implied or direct threats to harm self or others.
- Documented academic assignments and activities dominated by themes of extreme hopelessness, rage, worthlessness, isolation, despair, acting out, suicidal ideation or violent behaviors.
- Evidence of abuse of alcohol and/or other drugs.
- Unresponsive to de-escalation attempts.
- Immediate safety concern related to suicidal thoughts or behaviors.
- Behavior with high risk of harm to self and/or others.
- Violent or destructive behavior.
- Medical emergency, including drug or alcohol poisoning.

What to Do for a Disruptive Student in Distress

- Ensure your safety and the safety of others in the environment.
- Use a calm, non-confrontational approach to defuse/de-escalate the situation.
- Set limits by explaining how the behavior is disruptive.
- If the disruptive behavior persists, ask the student to leave or remove yourself.
- Call the Dean of Students 319-273-2332 to report concerns related to student behavior which are not urgent/dangerous.

Where to Report Urgent / Dangerous Situations

- **Call UNI Police** 319-273-2712 to report immediate safety concerns.
- **Call 911** in the case of medical, fire, and other large scale emergencies.



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