

First Semester COE Workshops

Get Ready to Succeed!

All first-semester students are required to attend four workshops during the fall 2020 semester. These events are designed to give you tools and resources to be successful as a first semester student. An advising hold will be placed on your spring enrollment in the next few weeks. To ensure that this hold is removed so that you can register for spring semester classes, you must attend all four workshops.

Workshop 1: Time Management

Using your syllabus as a framework, we'll help you think about how to balance school, work and life!

When? *Attend one of the following:*

- **Wednesday, September 2, 3:00-4:00**
- **Wednesday, September 2, 4:00-5:00**
- **Thursday, September 3, 3:30-4:30**
- **Thursday, September 3, 4:30-5:30**

Where? Zoom! Watch your UNI email address for the specific invitation with the Zoom link for this event!

Workshop 2: Campus Connection & Resources

We will go over campus resources and how to connect. Communication is key!

When? *Attend one of the following:*

- **Wednesday, September 16, 3:00-4:00**
- **Wednesday, September 16, 4:00-5:00**
- **Thursday, September 17, 3:30-4:30**
- **Thursday, September 17, 4:30-5:30**

Where? Zoom! Watch your UNI email address for the specific invitation with the Zoom link for this event!

Workshop 3: Resilience Tips

Bouncing back! Join us for tips on resiliency and navigating through difficult situations.

When? *Attend one of the following:*

- **Tuesday, September 29, 3:30-4:30**
- **Tuesday, September 29, 4:30-5:30**
- **Wednesday, September 30, 3:00-4:00**
- **Wednesday, September 30, 4:00-5:00**

Where? Zoom! Watch your UNI email address for the specific invitation with the Zoom link for this event!

Workshop 4: Plan for Spring: Pre-Registration

Using your academic resources, we'll assist you with planning for the spring semester and registering for classes.

When? *Attend one of the following:*

- **Wednesday, October 14, 3:00-4:00**
- **Wednesday, October 14, 4:00-5:00**
- **Thursday, October 15, 3:30-4:30**
- **Thursday, October, 4:30-5:30**

Where? Zoom! Watch your UNI email address for the specific invitation with the Zoom link for this event!

How do I get credit for attending the workshops?

1. Attend one of the meetings for each workshop! We will download the attendance log after each session to verify your attendance.
2. Complete the short assignment/survey after each event.

Questions? Contact the College of Education Advising Office at 319-273-2751 or coe-advising@uni.edu