Gerontology is the study of aging. This major focuses on individuals as they grow through the later years of life along with the physical, mental, and social changes they experience. Gerontologists help to improve the well-being of individuals and their families through research, education, and knowledge of the aging population. UNI offers two tracks of study within this major: long term care administration and social sciences.

**SAMPLE COURSEWORK**

- Medical Terminology
- Families and End of Life Issues
- Long Term Care Administration
- Social Services for Older Adults
- Psychology of Aging
- Social Gerontology

**POSSIBLE CAREERS**  
*some titles may require further education*

- Hospital/Nursing Home Aide
- Residential Retirement Community Staff
- Community Senior Center Director
- Registered Nurse
- Grief Counselor
- Health Education
- Case Management
- Social Worker
- Occupational Therapist
- Non-profit Work
- Rehabilitation Specialist
- Activities Director
- Home Health Aide
- Respite Care
- Hospice Director
- Geriatric Research

**SKILLS NEEDED**

- Interpersonal Communication
- Critical Thinking
- Decision Making
- Management
- Problem Solving
- Written and Oral Communication
- Program Management
- Group Facilitation
- Creativity
- Cultural/Diversity Sensitivity
- Supervising

**HOLLAND CODES**

**SEA**