

# **ATHLETIC TRAINING &** REHABILITATION STUDIES

University of Northern Iowa College of Education

https://coe.uni.edu/hrcs/athletic-training

## **ABOUT THE MAJOR**

Athletic training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Athletic trainers are highly qualified, multi-skilled health care professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions.

## SAMPLE COURSEWORK

General Biology: Cell Structure and Function

General Chemistry I

Acute Care in Athletic Training

Anatomy and Physiology I

Foundations of Pharmacology

Foundations of Therapeutic Interventions

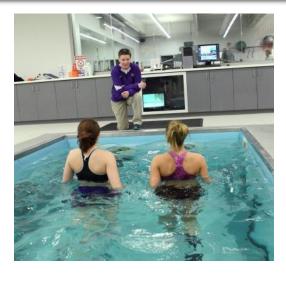
Studies in Clinical Health Care Experiences

#### **POSSIBLE CAREERS** \*some titles may require further education

Personal Trainer Team Physician Sports Club Manager Strength Coach High School Athletic Trainer **Fitness Consultant Aerobics Instructor Sports Medicine** Sports Physical Therapist Fitness Instructor Sports Dietician Paramedic Massage Therapist Coach **Exercise Physiologist University Trainer** 

#### **UNI GRADUATES: WHERE ARE THEY NOW?**

- University of Northern Iowa
- Athletico
- Life Time Inc.
- University of Iowa
- Cedar Valley Medical Specialists
- AdvoCAre
- Western Home Communities
- **ATI Physical Therapy**
- Select Rehabilitation
- Illinois State University
- Georgetown University
- Ohio University
- Indiana State University
- **Boston Red Sox**
- Tampa Bay Rays



### **SKILLS NEEDED**

- Problem-solving
- Coordination
- Instructing
- Judgment and decision-making
- Active listening
- Writing and oral
- Critical thinking
- Monitoring
- Ability to work under pressure

**HOLLAND CODES** 

SRE



University of Marie Transitions. connections. resources.