



# CHRISTIAN

## SOCIOLOGY

### ABOUT MY MAJOR

Sociology is the study of interactions with people and looking at society to learn how we interact with each other. This includes studying behaviors and patterns, and using that to identify different issues within the world and how we can solve them. There's so much that you can do with that and so many career options to explore.

### CHOOSING MY MAJOR

I took SOC 1000: Introduction to Sociology class as a general education requirement and I fell in love with it. I was intimidated to go right into the major because of the statistics requirement. I didn't want to take that, but then eventually I came around and decided to jump in and do it, and I'm so glad I did. I like being able to look at social problems and take a deeper look at them and see what solutions could be offered.

### MINORS & CERTIFICATES

Many people minor in Criminology or Anthropology because a lot of the classes overlap. I also know of Social Welfare minors and even someone who did a business minor. I feel like most minors pair well with Sociology because it is so adaptable to a lot of different things, so it just really depends on whether you have other interests. I have a minor in Social Justice, which is a newer minor that was just added.

## STUDENT ORGANIZATIONS

I got involved in the Sociology Club and served as the Co-President. We planned a lot of events. We hosted at least one event each month - they focused on taking care of yourself, stress relievers, and getting the Sociology community together. We also hosted a professor lecture about their research.

## INTERNSHIPS

I worked at UNI for the Office of Compliance, and Equity Management. I started by doing clerical work, and I got to experience working with compliance and intake by working at the front desk. Eventually, I was entrusted with an investigation by a nurse. I got hands-on experience while still maintaining confidentiality. It helped me understand that my major is going to help me throughout my career because compliance is something that I want to stay in. My internship helped me figure that out!

## CAREERS

I'm interested in working with policy and within the compliance realm. I want to make sure that everybody's treated equitably. I'm also interested in the human resources field as well.