

Career Cruising

Career Cruising is a self-assessment that helps students understand their own interests, as well as explore majors and careers. We recommend that students complete the assessment and schedule a follow-up appointment with an advisor in the Office of Academic Advising to review and interpret their results. This is a great tool to help you begin the exploration process.

Follow the steps below to take Career Cruising, then fill out the worksheets to help begin the career exploration process. Completing this will be helpful as you prepare to meet with your academic advisor.

Step 1: Take Career Cruising

- Access Career Cruising by going to advising.uni.edu
- Click on the Career Cruising logo on the bottom of the website.
- When you get to the Career Cruising website, click Log In. (Contact your advisor if you are having difficulty logging in to the website).
- Next choose Create My Plan and create a profile.

Username: _____

Password: _____

- Once you have logged in, click on Assessments.
- Under Matchmaker & Skills, click Start Matchmaker and begin the assessment.
- When prompted, click Answer More Questions To Improve My Results and continue until you have answered all 116 questions.
- When finished, uncheck the High School and Two-Year Degree options on the left-hand side.

Now it's time to review your results!

Step 2: Identify Your Career Clusters

- View your Career Cruising assessment results.
- List your top two career clusters, listed on the left side of the page.
Career Clusters are a group of careers that share common features or traits.

Career Cluster #1 _____

Career Cluster #2 _____

Step 3: Identify Your Top Careers

- Review the list of suggested careers based on your Career Cruising results. In the table below, list ten careers from your results that sound the most interesting to you.
- Not sure how to choose ten careers? You can click on the name of a career to learn more.

List 10 careers from my results that sound the most interesting	Why does this career sound interesting to you?	Rank careers from 1-10 based on your level of interest

Step 4: Compare Careers

- Choose three careers from the chart on the previous page that you are most interested in learning about. List the careers in the below table.
- Look up each career in Career Cruising. Using the menu on the left side of each career, learn more about each career and fill out the table below with applicable information.
- After filling out the table, circle or highlight the answers you are most excited about.
- If none of the careers below appeal to you, repeat this exercise with three new careers from your list in Step 3.

	Career #1	Career #2	Career #3
Job Description			
Working Conditions			
Earnings			
Education			
Sample Career Path			
Related Careers			
Interviews— Day in the Life			
Interviews— Breakdown of Activities			

Step 5: Connect Careers to UNI Majors

- It's time to talk with your academic advisor! Based on the table you filled out in Step 4, is there a career that seems like a good fit for you? Why?

- View the Education tab in Career Cruising or review the chart in Step 4. What major(s) did Career Cruising suggest would be a good fit to explore based on the career(s) you are most interested in?

Careers	Related Majors

- Visit catalog.uni.edu to review the degree requirements for the majors listed above.
 - Type the name of the major into the catalog's search bar.
 - Click the link to the title of the major department.
 - Click the title of the appropriate major and degree.
 - Read class titles and course descriptions for each major.
 - Review the sample four-year plan of study
- Compare Majors
 - Using the [Major Exploration and Comparison Worksheet](#), begin to compare majors.
 - Talk with your academic advisor about the majors you are considering.
 - Talk with a professor in the majors you are considering to learn more about the coursework and career options.