




Career Services Meeting Worksheet: Where Can I Job Shadow



This worksheet will help you visualize the job shadow you want. Complete this *BEFORE* your meeting with Career Services

 <p>Potential career interests:</p>	 <p>Potential towns, cities, or state:</p>	 <p>Potential dates and times</p>
 <p>Industries, companies, or orgs. of interest:</p>	 <p>Specific things you want to experience:</p>	 <p>Specific things you do not want:</p>

Job Shadow Recommendations: Complete this section at your Career Services meeting.

1.

2.

3.

Who to contact:

Where they work:

How to contact:

Job Shadow Reflection and Comparison

Complete this form after your job shadow.
Bring to your advising appointment.

	Job Shadow 1:	Job Shadow 2:	Job Shadow 3:
Work Tasks and Activities			
Work Environment and Conditions			
Education / Training Needed			
Job Outlook			
Earning Potential			
Related Majors			
Related Occupations			
What I Like About This Job			
What I Dislike About This Job			
Other Information I Want or Need			
At this time, does this career match my skills, and is it a good fit for me			