

PHYSICAL EDUCATION TEACHING

University of Northern Iowa College of Social and Behavioral Sciences
<https://csbs.uni.edu/Kinesiology-athletic-training>

About The Major

Physical education teachers are important because they help students learn the importance of physical activity and how it contributes to their overall health and wellness. PE teachers are responsible for organizing activities for students that include team sports, individual exercise, as well as techniques to improve flexibility and coordination.

Sample Course Work

Teaching Team & Individual Sports
Teaching Lifetime Activities
Motor Learning
Biomechanics
Adapted Physical Education
Administration & Curriculum of PE

Possible Careers

*Some titles may require further education

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|-------------------|---------------------|------------------------------|
| PE Teacher | Wellness Instructor | Athletics Director |
| Professor | Aerobics Instructor | Athletic Trainer |
| Sports Journalist | Athletics Coach | Sports Psychologist |
| Outdoor Educator | Camp Director | Special Education Consultant |

UNI Graduates: Where Are They Now?

- Wartburg College
- John F. Kennedy High School
- Pinellas County Schools
- Thomas Jefferson Junior High
- Pella Community Schools
- St. Patrick Catholic School
- Woodridge School District
- Eastern Michigan University
- Creston Community Schools
- Johnston Community Schools
- West Des Moines Valley High School
- West Central Valley
- Plainfield North High School
- Edmunds Elementary School
- Jesup Community School

Skills Needed

- Patience
- Adaptability
- Communication skills
- Organization
- Creativity
- Positive attitude
- Commitment to physical health
- Enthusiasm
- Motivating
- Problem-solving