About The Major
Athletic training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Athletic trainers are highly qualified, multi-skilled healthcare professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions.

Sample Course Work
Anatomy & Physiology I & II
Clinical Healthcare Experience
General Chemistry I
Acute Care
General Medical Conditions
Evidence Based Practice in Health Care

Possible Careers
Personal Trainer
High School Athletic Trainer
Sports Physical Therapist
Message Therapist
Team Physician
Sports Medicine
Exercise Physiologist
Paramedic
Athletic Trainer
Sports Dietician
University Trainer
Fitness Consultant

UNI Graduates: Where Are They Now?
- University of Northern Iowa
- Athletico
- Life Time Inc.
- University of Iowa
- Cedar Valley Medical Specialists
- AdvoCare
- Western Home Communities
- ATI Physical Therapy
- Select Rehabilitation
- Illinois State University
- Georgetown University
- Ohio University
- Indiana State University
- Boston Red Sox
- Tampa Bay Rays
- Mayo Clinic

Skills Needed
- Problem-solving
- Coordination
- Instructing
- Judgment and decision-making
- Active listening
- Writing and Oral Communication
- Critical thinking skills
- Monitoring
- Ability to work under pressure