

# PSYCHOLOGY

University of Northern Iowa College of Social and Behavioral Sciences

<https://csbs.uni.edu/psych>

## About The Major

Psychology is the scientific study of the mind and behavior. Psychology is a multifaceted discipline and includes many sub-fields of study such as human development, sports, health, clinical, social behavior, and cognitive processes. Gaining a richer and deeper understanding of psychology can help people achieve insights into their actions as well as a better understanding of others.

## Sample Course Work

Introduction to Psychology

Research Methods

Biopsychology

Developmental Psychology

Social Psychology

Abnormal Psychology

## Possible Careers \*Some titles may require further education

Psychologist

Early Intervention Specialist

Social Services

Victim Advocate

Home Visit Caseworker

Youth Services Specialist

Child Care Consultant

Homeless Shelter Advocate

Sexuality Educator

Program/Activity Director

Assisted Living Director

Case Manager

## UNI Graduates: Where Are They Now?

- University of Northern Iowa
- University of Iowa
- UnityPoint Health
- Hawkeye Community College
- University of Iowa Healthcare
- UnitedHealth Group
- Grant Wood Area Education Agency
- Heartland AEA
- Orchard Place
- Pathways Behavioral Service, Inc.
- Black Hawk-Grundy Mental Health Center, Inc.
- New Heights Counseling Resources, Inc.
- EMDR and Beyond
- Correct Care Solutions
- Lutheran Family Service
- Child Guidance Center

## Skills Needed

- Oral and written communication
- Research skills
- Ethics
- Patience
- Active listening and learning
- Problem-solving
- Critical thinking skills
- Compassion
- Emotional stability