Liberal Arts Core Requirements

The purpose of the Liberal Arts Core (LAC) is to actively engage students to become self-aware participants in their own personal development through thoughtful and informed decision making, promotion of life-long learning, enlisting the scope of their world to global issues and diverse cultures, and increasing their strategies for solving complex problems they will encounter in the future. For more information about the University of Northern Iowa Liberal Arts Core go to http://www.lac.uni.edu.

I. Core Competencies 11 units

Courses in written and oral communication enhance students’ abilities to read and listen critically and to write and speak effectively by attention to how the gathering, analyzing, and presenting of evidence and conclusions can be designed for specific purposes and audiences. Courses in quantitative techniques enhance students’ abilities to use quantitative data effectively and to apply relevant mathematical and statistical concepts and methods to diverse problems and situations. Personal wellness promotes the acquisition of knowledge and the development of skills and attitudes necessary for implementing positive health-related decisions.

1A. Writing and Reading (3 units required)
ENGLISH 1005 College Writing and Research, 3 units
ENGLISH 2015 Craft of Academic Writing, 3 units
• ACT English and Reading scores of 27 or above, or consent of department.

1B. Speaking and Listening (3 units required)
COMM 1000 Oral Communication, 3 units
UNIV 1000 First-Year Cornerstone: Integrated Communication I and UNIV 1010 First-Year Cornerstone: Integrated Communication II, 6 units
Advisory: Students must successfully complete both courses in their first year of college, or they will not satisfy Category 1A and 1B.

1C. Quantitative Techniques and Understanding (3 units required)
Advisory: Students are expected to take the ALEKS placement exam before taking a math course, and should be placed in the recommended course for their major based on ALEKS placement score. Students who have not taken ALEKS should wait to enroll in a math course until after taking ALEKS.
CS 1025 Modern Tools for Exploring Data, 3 units
MATH 1100 Mathematics in Decision Making, 3 units
• Must take ALEKS--no score required
MATH 1420 Calculus I, 4 units
• Must take ALEKS--no score required
MATH 1204 Mathematical Reasoning for Teachers I, 4 units
STAT 1772 Introduction to Statistical Methods, 3 units
• Requires ALEKS score of 76 or higher
STAT 1774 Introductory Statistics for Life Sciences, 3 units
• Requires ALEKS score of 90 or higher

1D. Dimensions of Wellbeing (2 units required)
Advisory: Elementary Education students may meet the category 1G requirement by completing MATH 1204 Mathematical Reasoning for Teachers I.
KAHHS 1020 Dimensions of Wellbeing – Lecture, 1 unit
KAHHS 1030 Dimensions of Wellbeing – Lab, 1 unit

II. Civilizations and Cultures 9 units

Courses in this category promote an understanding of Western and non-Western cultures and civilizations from ancient times to the present through historical accounts, literatures, philosophies, religions, and fine arts. Using methods of critical inquiry, students explore aspects of human nature, the shaping of thoughts and values, and their interrelations.

2A. Humanities (6 units required)
Advisory: Students must complete two Humanities courses.
HUM 1021 Humanities I: Ancient, Classical, & Medieval, 3 units
HUM 1022 Humanities II: Renaissance, Reformation & Enlightenment, 3 units
HUM 1023 Humanities III: Age of Revolution to Present, 3 units

2B. Non-Western Cultures (3 units required)
Advisory: Students who transfer to UNI with an AA degree may still need to complete the LAC Category 2B requirement if they did not satisfy this category with a transferred course.
HUM 3121 Russia/Soviet Union, 3 units
HUM 3122 Japan, 3 units
HUM 3123 Latin America, 3 units
HUM 3124 China, 3 units
HUM 3125 India, 3 units
HUM 3127 Middle East, 3 units
HUM 3128 Africa, 3 units
HUM/ANTH 3132 Native North America, 3 units
HUM/ANTH 3137 Native Central and South America, 3 units
Advisory: SPAN 3020 Latin American Culture and Civilization may substitute for the Non-Western Cultures requirement.

III. Fine Arts, Literature, Philosophy and Religion 6 units

Courses in this category explore diverse forms of human expression and enhance understanding of how religious, philosophical, literary, and aesthetic ideas and experiences shape and reflect cultures and common patterns of human life. Students will develop knowledge of the complex interplay of culture, history, and human experience through critical examination of ideas and beliefs, ritual and symbol, moral codes and social values, story and poetry, visual art, music, theater, and dance.

3A. Fine Arts (3 units required)
ART 1002 Visual Inventions, 3 units
Advisory: ART 1002 is a hands-on studio course requiring additional studio time.
ARTHIST 1004 Visual Perceptions, 3 units
MUSIC 1100 Soundscapes: Music in Culture, 3 units
PEMES 2034 Survey of Dance History, 3 units
THEATRE 1002 The Theatrical Arts and Society, 3 units
Advisory: THEATRE 1002 requires attending evening performances.
MUS HIST 1020 History of Music II: Baroque and Classical may substitute for the Fine Arts requirement for all music majors.
Advisory: THEATRE 3060 History of Theatre I may substitute for the Fine Arts requirement for all theatre majors.
Advisory: ARTHIST 1111 Survey of Art History I or ARTHIST 1222 Survey of Art History II may substitute for the Fine Arts requirement for all art and graphic design majors.

3B. Literature, Philosophy or Religion (3 units required)
ENGLISH 1120 Literature: (topic), 3 units
GER 1120 Introduction to German Literature in Translation, 3 units
PHIL 1020 Philosophy: The Art of Thinking, 3 units
RELS 1020 Religions of the World, 3 units
IV. Natural Science and Technology 7 units

Courses in natural science promote an understanding of science as a human process that investigates matter and energy acting within complex organic and inorganic systems. Fundamental principles of both physical and life sciences are included.

Advisory: Students are required to take a course with a scheduled laboratory from either LAC Category 4A: Life Sciences or 4B: Physical Sciences.

Advisory: Only 6 hours are required for students who meet the LAC laboratory requirement with a course other than the one listed in Life or Physical Sciences.

Advisory: A student who receives CLEP credit in both the physical and biological sciences shall be considered to have fulfilled the laboratory requirements.

4A. Life Sciences (3 or 4 units required)
Advisory: For all courses listed under Life Sciences, with the exception of ANTH 1001 Human Origins, a student must have satisfied university entrance requirements in English and Mathematics.

ANTH 1001 Human Origins, 3 units
Biol 1012 Life: The Natural World, 3 units
Biol 1013* Life: The Natural World – Lab, 1 unit
(Pre- or corequisite BIOL 1012)
Biol 1014 Life: Continuity and Change, 3 units
Biol 1015* Life: Continuity and change – Lab, 1 unit
(Pre- or corequisite BIOL 1014)

*Lab course
Advisory: The following major and/or minor courses may substitute for the Life Sciences requirement: BIOL 1033* Principles of Microbiology (4), BIOL 2051* General Biology: Organismal Diversity (4), BIOL 2052* General Biology: Cell Structure and Function (4), BIOL 3101* Anatomy and Physiology I (4), and SCI ED 1200* Inquiry into Life Science (4).

4B. Physical Sciences (3 or 4 units required)
Advisory: For all courses listed under Physical Sciences, with the exceptions of EARTHSCI 1110 Astronomy Laboratory, EARTHSCI 1210 Elements of Weather Laboratory, and TECH 1015 Introduction to Sustainability, a student must have satisfied university entrance requirements in English and Mathematics.

CHEM 1010* Principles of Chemistry, 4 units
CHEM 1011 Molecules and Life, 3 units
EARTHSCI 1100 Astronomy, 3 units
EARTHSCI 1110* Astronomy Lab, 1 unit
EARTHSCI 1200 Elements of Weather, 3 units
EARTHSCI 1210* Elements of Weather Lab, 1 unit
(Intended for science teaching majors and minors)
EARTHSCI 1300* Introduction to Geology, 4 units
GEOG 1201 Physical Geography, 3 units
GEOG 1211* Physical Geography Laboratory, 1 unit
PHYSICS 1000 Physics in Everyday Life, 3 units
PHYSICS 1010* Physics in Everyday Life Laboratory, 1 unit
TECH 1015 Introduction to Sustainability, 3 units

*Lab course
Advisory: The following major/minor courses may substitute for the Physical Sciences requirement: CHEM 1020* Chemical Technology (4), CHEM 1110* General Chemistry I (4), CHEM 1130* General Chemistry I-II (5), EARTHSCI 3328* Fossils and Evolution (4), PHYSICS 1511* General Physics I (4), PHYSICS 1701* Physics I for Science and Engineering (4), SCI ED 1100* Inquiry into Earth and Space Science (4), and SCI ED 1300* Inquiry into Physical Science (4).

V. Social Science 9 units

Courses in this category introduce students to the description and analysis of human behavior from different vantage points, ranging from the societal, cultural, and historical to the institutional and individual perspectives. There is also a focus on broadening one’s understanding of diversity and global issues. In this category, students are exposed to a variety of social science disciplines, and learn how these fields study and analyze human attitudes, behaviors, and relationships.

Advisory: Students are required to complete one course from 5A, one course from 5B, and one course from 5C.

5A. Sociocultural and Historical Perspectives (3 units required)
ANTH 1002 Introduction to Cultural Anthropology, 3 units
GEOG 1120 Human Geography, 3 units
HIST 1023 History of the United States, 3 units
SOC 1000 Introduction to Sociology, 3 units
WGS 1040 Women’s and Gender Studies: Introduction, 3 units

5B. Individual and Institutional Perspectives (3 units required)
ECON 1031 Introduction to Economics, 3 units
Advisory: Satisfactory completion of both ECON 1041 Principles of Macroeconomics and ECON 1051 Principles of Microeconomics, through UNI or transfer, may substitute for ECON 1031 Introduction to Economics.

FAM SERV 1010 Human Identity and Relationships, 3 units
POL AMER 1014 Introduction to American Politics, 3 units
PSYCH 1001 Introduction to Psychology, 3 units

5C. Diversity and Global Issues (3 units required)
EDPSYCH 2030 Dynamics of Human Development, 3 units
GEOG 1110 World Geography, 3 units
GEOG 1210 Contemporary Political Problems: (topic), 3 units
GEOG 1024 International Relations, 3 units
SOC 1060 Social Problems, 3 units
SOC SCI 1020 Women, Men, and Society, 3 units
SW/SOC SCI 1041 Social Welfare: A World View, 3 units
SW 2045/SOC SCI 1045 American Racial & Ethnic Minorities, 3 units

VI. Capstone Experience 2 units

Capstone courses provide opportunities for students to synthesize the diverse realms of thought they have studied and to apply the intellectual proficiencies they have acquired. The emphasis is on cultivating life-long learning through linking theory and academic preparation to practical problem-solving activities in multidisciplinary seminars or community-based learning courses.

Advisory: Junior standing is a prerequisite for all Capstone courses.
Advisory: The most current list of approved Liberal Arts Core Capstone courses is available in each semester’s Schedule of Classes.

Advisory: The Capstone requirement must be fulfilled through UNI. No course from another institution will transfer to fulfill the Capstone requirement, regardless of equivalency.

Advisory: Students who transfer to UNI with an AA degree will still need to complete the LAC Category 6 requirement.

Laboratory Requirement

Liberal Arts Core Administrative Policies

1. Liberal Arts Core courses may be used to satisfy requirements for both the Liberal Arts Core program and the major, minor, and program emphasis.
2. Departments offering a liberal arts core course may preclude their major or minor students from taking that particular course to satisfy the requirements for the liberal arts core, the major, or the minor.
3. Liberal Arts Core requirements can be met through CLEP examinations, departmental examinations and the Advanced Placement Program of the College Entrance Examination Board.
4. CLEP examinations do not include the mandatory laboratory course requirement. A student who receives CLEP credit in both the physical and biological sciences shall be considered to have fulfilled the laboratory requirement.
5. No Liberal Arts Core course may be taken for graduate credit.
6. No Liberal Arts Core course may have a non-Liberal Arts Core course as a prerequisite.
7. All courses taken to meet liberal arts core requirements must be taken for graded credit.
8. The Liberal Arts Core program requirements apply to all undergraduate degree programs. Note: Refer to the UNI Catalog for requirements for BAS degrees.