Leisure, Youth, and Human Services

University of Northern Iowa College of Education
https://coe.uni.edu/hrcs/lyhs

About the Major

The Leisure, Youth, and Human Services major at UNI focuses on helping all people live healthy, enjoyable, active and meaningful lifestyles. A degree in this field prepares individuals with the skills, knowledge, and values required to effectively assume professional leadership/managerial positions in the areas of leisure, recreation, parks, therapeutic recreation, tourism, youth, and human services settings.

Sample Coursework

- Foundations of Community Parks and Recreation
- Foundations of Tourism
- History of Outdoor Recreation
- Nonprofit Leadership Practicum
- Special Events Management
- Foundations of Therapeutic Recreation

Possible Careers

- Nonprofit Work: Travel Agent, Camp Director, Resort Manager, Outdoor Rec Services
- Youth Camp Counselor: Event Planner, Recreational Therapist, Activity Director, Theme Park Manager
- Park Ranger: Cruise Director, Health Club Manager, Facility Manager, Tourism Services
- Coach: Personal Trainer, Naturalist, Youth Assistant, Aquatic Facility Operator

Uni Graduates: Where Are They Now?

- Camp Adventure Child and Youth Services
- Western Home Communities
- NewAldaya Lifescapes
- Link Associates
- Nonprofit Leadership Alliance
- YMCA of the USA
- Comprehensive Systems
- Special Olympics Iowa
- Hy-Vee, Inc.
- The Salvation Army
- Northeast Iowa Food Bank
- Principal Financial Group
- Dubuque Leisure Services
- University of Northern Iowa
- Drake University
- Youth and Shelter Services
- Mercy Health and Fitness
- Highland Park Group Home

Skills Needed

- Critical Thinking
- Problem Solving
- Able to operate with agility and flexibility
- Oral and Written Communication
- Cultural Competence
- Decision Making
- Active Listening
- Coordination
- Public Speaking

Holland Codes

SEA