Physical Education Teaching
University of Northern Iowa College of Education
https://coe.uni.edu/kinesiology

ABOUT THE MAJOR

Physical education teachers are important because they help students learn the importance of physical activity and how it contributes to their overall health and wellness. PE teachers are responsible for organizing activities for students that include team sports, individual exercise, as well as techniques to improve flexibility and coordination. Their overall goal is to educate children and help them develop an awareness of the importance of a healthy overall lifestyle.

SAMPLE COURSEWORK

- Teaching Team/Individual Sports
- Teaching Lifetime Activities
- Physical Activity and Nutrition for Health and Fitness
- First Aid and CPR for Physical Educators
- Teaching Physical Education for Learning
- Teaching Movement and Rhythmic Activities for Children

POSSIBLE CAREERS  *some titles may require further education*

- PE Teacher
- Adaptive Physical Education Specialist
- Outdoor Educator
- Wellness Instructor
- Aerobics Instructor
- Athletic Coach
- Athletic Director
- Sports Psychologist
- Athletic Trainer
- Camp Director
- Professor
- Sports Journalist

UNI GRADUATES: WHERE ARE THEY NOW?

- Wartburg College
- John F. Kennedy High School
- Pinellas County Schools
- Thomas Jefferson Junior High
- Pella Community Schools
- St. Patrick Catholic School
- Woodridge School District
- Eastern Michigan University
- Creston Community Schools
- Johnston Community Schools
- West Des Moines Valley High School
- West Central Valley
- Plainfield North High School
- Edmunds Elementary School
- Jesup Community School

SKILLS NEEDED

- Patience
- Adaptability
- Communication
- Organization
- Creativity
- Positive attitude
- Commitment to physical health
- Enthusiasm
- Motivating
- Problem-solving

HOLLAND CODES

SRE