

PHYSICAL EDUCATION TEACHING

University of Northern Iowa College of Education

<https://coe.uni.edu/kinesiology>

ABOUT THE MAJOR

Physical education teachers are important because they help students learn the importance of physical activity and how it contributes to their overall health and wellness. PE teachers are responsible for organizing activities for students that include team sports, individual exercise, as well as techniques to improve flexibility and coordination. Their overall goal is to educate children and help them develop an awareness of the importance of a healthy overall lifestyle.

SAMPLE COURSEWORK

Teaching Team/Individual Sports

First Aid and CPR for Physical Educators

Teaching Lifetime Activities

Teaching Physical Education for Learning

Physical Activity and Nutrition for Health and Fitness

Teaching Movement and Rhythmic Activities for Children

POSSIBLE CAREERS *some titles may require further education

PE Teacher

Aerobics Instructor

Athletic Trainer

Adaptive Physical Education Specialist

Athletic Coach

Camp Director

Outdoor Educator

Athletic Director

Professor

Wellness Instructor

Sports Psychologist

Sports Journalist

UNI GRADUATES: WHERE ARE THEY NOW?

- Wartburg College
- John F. Kennedy High School
- Pinellas County Schools
- Thomas Jefferson Junior High
- Pella Community Schools
- St. Patrick Catholic School
- Woodridge School District
- Eastern Michigan University
- Creston Community Schools
- Johnston Community Schools
- West Des Moines Valley High School
- West Central Valley
- Plainfield North High School
- Edmunds Elementary School
- Jesup Community School



SKILLS NEEDED

- Patience
- Adaptability
- Communication
- Organization
- Creativity
- Positive attitude
- Commitment to physical health
- Enthusiasm
- Motivating
- Problem-solving

HOLLAND CODES

SRE