

PUBLIC HEALTH AND EDUCATION

University of Northern Iowa College of Education

<https://coe.uni.edu/hracs/ph>

ABOUT THE MAJOR

Public Health and Education trains students how to conduct disease prevention and health education activities in populations, such as towns, states, villages, communities, and neighborhoods. Health promotion specialists know how to assess a population, determine the main health issues affecting that community, plan and implement appropriate programs and interventions to address these needs, and evaluate the effectiveness of those strategies

SAMPLE COURSEWORK

Intro to Public Health	Environmental and Occupational Health Regulations
Nutrition for Health Promotion	Planning and Evaluating Health Promotion Programs
Human Diseases	Epidemiological Methods, Research Design, and Analysis
Physiology of Exercise	

POSSIBLE CAREERS *some titles may require further education

Health Educator	State/Local Public Health Agent	Non-profit Health/Wellness	Food Inspector
Sanitation Specialist	Disaster Management	Public Health Officer	Medical Sales
Clinical Nurse	Personal Trainer	Epidemiologist	Clinical Research
Healthcare Consultant	Hospital Administrator	Radiation Specialist	Nutritionist

UNI GRADUATES: WHERE ARE THEY NOW?

- UnityPoint Health
- Crescent Community Health Center
- Aon
- ITA Group, Inc.
- Women's Health Research Institute
- Dallas County Public Health
- Aspirus Medford Hospital and Clinics
- Navigate Wellbeing Solutions
- Houstonian Hotel Health Club and Spa
- Wellmark Blue Cross and Blue Shield
- Black Hawk County Health Department
- Primary Health Care, Inc.
- Syneos Health
- Mercy Health and Fitness Center
- Hy-Vee Dietetics
- American Lung Association
- WesleyLife



SKILLS NEEDED

- Communication
- Strong work ethic
- Teamwork
- Initiative
- Interpersonal skills
- Problem-solving
- Adaptability
- Decision-making
- Technical skills
- Patience
- Ability to work under high pressure

HOLLAND CODES

SIE